



**TRAIN ONE ON ONE WITH JOSH ALLEN
ONE OF NASHVILLE'S TOP PERSONAL TRAINERS!**

AT TRAINING STUDIO

 NASHVILLE ADVENTURE BOOT CAMP FOR WOMEN	1/2 HOUR	1 HOUR
1 ON 1	\$40	\$60
2 ON 1	\$50	\$70

IN YOUR OWN HOME

 NASHVILLE ADVENTURE BOOT CAMP FOR WOMEN	1/2 HOUR	1 HOUR
1 ON 1	\$50	\$70
2 ON 1	\$60	\$80

**PRIVATE BOOT CAMPS ALSO AVAILABLE
PLEASE EMAIL JOSH AT JOSH@NASHVILLEBOOTCAMP.COM
OR CALL 615-347-4973 FOR MORE DETAILS!**